MAGICAL CLINIC

Discover the new you!

Hair Transplant
A hair transplant is a type of surgical hair restoration technique that involves moving individual hair follicles from a “donor site” to other places that generally lack hair growth. These areas are referred to as the “recipient site”.

Although hair transplants are mainly used to treat male pattern baldness, the procedure can also restore chest hair, beard and moustache hair, eyebrows and eyelashes.

### Hair Transplant Summary

<table>
<thead>
<tr>
<th>Anesthesia</th>
<th>Duration of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local anesthetic</td>
<td>4 to 12 hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Minimum Stay</th>
<th>Back to Work</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients can usually fly afterwards</td>
<td>3 to 7 days</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hospital Stay</th>
<th>Back to Sports</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overnight stay is not required</td>
<td>1 week</td>
</tr>
</tbody>
</table>
FUE or Follicular Unit Extraction is another established hair restoration technique where instead of a strip of scalp being removed to harvest hair follicles, a punch is used. The punch creates a circular micro-incision around a group of hair follicles or single hair follicle, removing it from the scalp.

The Follicular Unit Extraction technique leaves small open holes in the scalp which will heal within a few weeks, leaving tiny white scars once fully healed. Once enough hair follicles are extracted through this method, the surgeon is ready to start implanting them into the desired area.

The biggest advantage of FUE is the minimal scarring after the procedure and the fact that patients can resume their daily activities faster. Unfortunately, FUE is somewhat expensive, since this technique is more time consuming.

In some cases the survival rate of transplanted hair follicles can be lower with the FUE technique, if the hair follicle roots are affected during extraction. By opting for an experienced hair restoration surgeon, patients can minimise any risks and enjoy a higher survival rate for implanted follicles.
Direct Hair Implantation is sometimes called a “Micro-FUE” hair transplant since it uses the same basic technique but with some differences. DHI does not cut into the scalp as with FUE, using only very small micro punches with a diameter of 1 mm or less. These small punches are minimally invasive, ensuring no scars are left in the donor area.

One of the differences between FUE and DHI is the fact that with DHI the hair follicles are carefully extracted one by one before being transferred to the receiving area.

This procedure is always done by a highly trained specialist in order to ensure the best results. The hair follicles are then implanted in the receiving area in a process similar to the FUE technique – a technician will create reception holes in the receiving area before starting to implant the donated hair follicles.
How is Hair Transplant is Performed?

The first stage of the hair transplant procedure is an interview – the doctor will discuss with the patient, define the new hairline and answer any questions that the patient may still have.

During the second stage small injections with anaesthesia are administered in the donor area and the surgeon may begin extracting the hair grafts. A tiny micro motor with a micro punch is used for this part of the procedure and since the patient is administered anaesthesia, the whole process is painless.

In the third stage of the procedure, the doctor will create tiny incisions in the recipient site and start planting the harvested hair follicles. Once the hair follicles are planted, the area is wrapped in a bandage that prevents infection and bleeding.

Hair Transplant Candidates

Patients suffering from traumatic alopecia, male pattern baldness, receding hairlines, traction alopecia, and general alopecia can benefit from a hair transplant procedure.

Am I Suitable for Hair Transplant?

Hair transplant procedures are not recommended for patients suffering from spot baldness, patients with insufficient hair at the donor site (the back of the head) or female patients suffering from diffuse pattern balding, as this condition tends to affect the donor area as well, making hair follicles unusable.

Preparing for Hair Transplant

The patient should stop the intake of any soft drugs, alcohol, anti-inflammatory medicine, aspirin, vitamins, supplements and herbs at least one week before the surgery.
Recovery from Hair Transplant

During the recovery period, the patient should follow the doctor’s instructions very carefully and take antibiotics, sleeping pills and pain medications as prescribed.

The patient should refrain from scratching, rubbing or combing the recipient area.

The patient may wash his or her hair in at least 24 hours after the procedure – very hot water shouldn’t be used but instead the patient may use a gentle stream of lukewarm water and then carefully tap the area with a towel in order to dry it.

It may take up to 12 months before the full effects of a hair transplant procedure are noticeable.

Scars after Hair Transplant

The FUE hair transplant procedure leaves tiny scabs in the donor area but these will heal within a week. Other than that, there are no noticeable scars.

Hair Transplant Side Effects

Patients may feel itchy sensations and some pain during the first weeks after a hair transplant. During this time some bleeding may occur but it’s unlikely. Other post-operative effects can include swelling, numbness and infections which can be easily treated with antibiotics.

Hair Transplant Success Rates

The success rate of this procedure depends heavily on the recovery period and the patient’s ability to follow the surgeon’s guidelines.

Patients usually experience a success rate of 95-98% after a year – “success rate” refers to hair growing naturally in the recipient area.
Before and After Hair Transplant

The patient must have a clear understanding of the procedure itself and what to expect from it. The immediate post-operative recovery period is essential for the success of the operation but results come into full effect only a year after surgery, when the hair in the recipient area starts growing naturally and is indistinguishable from the rest of the patient’s hair.
Hotel Stay

Lionel Hotel Istanbul provides convenience with its central location in Istanbul. It has easy access to everywhere, very close to Atatürk Airport, historical and touristic locations. Metro and other transportation options are very close to hotel. It’s also very close to Magical Clinic. They take care of your every need and demand. A perfect breakfast, spa, swimming pool, Turkish bath and sauna is also included to your stay.
Hair Transplant FAQ

- **How many hair grafts do I need?**

  Generally speaking, around 35 grafts are used for each square centimetre – a consultation is needed to determine the exact number of grafts needed for a hair transplant procedure.

- **Are hair transplant surgery results permanent?**

  Hair transplants last a lifetime as the transplanted hair follicles are resistant to going bald and they start growing naturally in the recipient areas. Some patients may experience slight hair loss in the recipient area as they progress through old age.

- **Does a hair transplant hurt?**

  Since anaesthetic is administered before the procedure begins, a hair transplant is practically painless.

**Packages**